

# Streamline

Monash Sport Learn to Swim and Squad Program Term 3 2008



## Monash University Waterpolo

The Monash University Waterpolo Club have had a number of successes this season. This includes Monash being represented in the Victorian Tigers National league team in Under 14s by Caitlan Brooks, Megan Brooks, Amber Grahame, Nicole Stainsby and Bethany Hunter in the girls team and Riley Tonc and Jett Grahame in the boys team.

Congratulations also to Darren Lynch and Emmajo Grahame who have been playing in the senior Vic Tigers National League teams.

Earlier in May several Monash players competed in the Vic Tigers state team at the 18/U Club championships in Brisbane. Congratulations to Nick Broadhead, Alyssa Broadhead, Kate Foley, Amber Grahame, Edwina Smith and Emmajo Grahame.

Congratulations to Lisa Francis who was part of the gold medal winning team at the recent FINA 2008 World Masters Swimming and Waterpolo championships held in Perth, and to Emmajo Grahame was named in the Australian youth girls team to tour Europe later this year.

**Want to get involved?** We run junior/beginner training sessions on Sunday afternoons at the Doug Ellis Swimming Pool from 5-6:30pm. We field teams in all grades that Victorian Polo offer, including U12, U14, U16 and U18. Feel free to come down and have a look, it's a lot of fun and easy to learn, especially for swimmers. For further information, please contact Matthew Lea on 0439 332 573.

Doug Ellis Swimming Pool  
Monash University Wellington Road, Clayton

**Tel:** 9905 4115 **Fax:** 9905 4104  
[www.sport.monash.edu/pools](http://www.sport.monash.edu/pools)

Opening hours:

**Monday-Friday** 6.30am – 8.00pm  
**Saturday** 8.00am – 6.00pm  
**Sunday** 9.00am – 6.00pm

## TeamMONASH™ Community Fitness Events

More than 1000 TeamMONASH™ participants joined a 30,000 strong crowd for the annual Mothers Day Classic fundraising walk/run around the Melbourne Botanical Gardens held on Sunday 11 May. Starting on St Kilda Road in the Melbourne CBD, the route took walkers and runners through the beautiful, scenic Botanical Gardens.

This event is the biggest community fundraising event for breast cancer in Australia, giving people the chance to make a real difference to the lives of those diagnosed with breast cancer. Approximately \$18,000 was raised by walkers and runners from TeamMONASH™.

TeamMONASH™ took home awards for the largest tertiary team in Victoria and the largest tertiary team in Australia. Part of the second prize included \$1,000 of prize money which TeamMONASH™ proudly donated to the National Breast Cancer Foundation [www.nbcf.org.au](http://www.nbcf.org.au).

### Upcoming events for TeamMONASH™

- Melbourne Marathon Sunday 12 October  
<http://www.sport.monash.edu/events/melb-marathon.html>
  - Around the Bay in a Day bike ride Sunday 19 October  
<http://www.sport.monash.edu/events/around-the-bay.html>
- For more information about TeamMONASH™, please visit [www.sport.monash.edu/events](http://www.sport.monash.edu/events)



## Competition News

Monash University Swim Club members have had an extremely successful 2007/2008 season. Recent highlights include Brendan Kermeen competing at the Australian Olympic trials and Kahlia Marsh being chosen to compete for the Australian Flippers against New Zealand.

Swimming Victoria has announced that eight Monash Sport swimmers have been included in the Victorian Development Squad which provide special educational and competitive experiences' to help them take the next step in representing Australia at an international level. These swimmers include David Parr, Izzie Robinson, Michael Dehaini, Marko Ivosev, Kahlia Marsh, Marc Vecchio, Jesse Bozin and Lyarna Graham.

Congratulations to all members of the Monash University Swim Club on their success in season 2007/2008 and we wish them the best of luck in the upcoming season.

## 2008 Australasian Oceania Swimming Professionals Convention and Trade Expo

Earlier this term, Gillian Forrester and I attended the 2008 Australasian Oceania Swimming Professionals Convention and Trade Expo. This eight day conference included coaching and swim teaching workshops with some of Australia's best coaches including Laurie Lawrence, Leigh Nugent, Rohan Taylor and national head coach Alan Thompson. We also had the privilege of watching Olympians Leisel Jones and Andrew Lauterstein train.

This annual conference is the premier national conference for Australian swim teachers and coaches and it was a fantastic chance to learn and interact with the best in the business.

### Ariane Tebb

Swim School Coordinator



Swim School Coordinator Ariane Tebb,  
Laurie Lawrence and School Aquatics  
Coordinator Gillian Forrester

## Environmental News

Monash University is currently installing a number of environmental initiatives at all campuses. Planned projects specific to the Doug Ellis Swimming Pool include:

- Solar water heating systems for the swimming pool and shower water at a cost of approximately \$100,000 which will save an estimated 36% of heating energy previously fully provided by gas boilers
- Push button timer showers and push button taps in the change room facilities which will save over 50% in water and energy use for these items
- Pool blankets to prevent evaporation while pools are not in use
- Lighting efficiency audit
- Planned refurbishment of the air handling system inside the Doug Ellis Swimming Pool
- Implementation of paper and co-mingled recycling bins at all Monash University facilities.

Staff Profile

### Lloyd Gordon



**Position:** Customer Service Officer

**Favourite swimming stroke:** Freestyle

**Favourite food:** Mum's roast lamb

**Hero:** Superman

**Favourite footy team:** The mighty Hawks

**Favourite movie:** Anchorman

**3 things I would take to a desert island:**  
A boat, a surfboard and a BBQ

**Describe yourself in 5 words:** Mature, stylish, handsome, honest and modest

### Free Practice Swims

For all enrolled and **fully paid** Swim School students we offer free practice swims at any time within normal opening hours.

**Please note, all children under 10 years must be actively supervised by a parent or guardian. Free practice swims apply only to enrolled students. Accompanying parents and family are required to pay pool entry fees.**

We encourage students to make use of this service as we believe it will enhance each students learning progress. School holidays are included providing full payment for the forthcoming term has been received.

### Multiple Sessions Per Week:

Swimmers at any level are able to take up the option of doing more than one lesson per week to speed the progress of your child. Substantial discounts apply for swimmers from Level 3 and up who take up the option of doing 2 or more sessions per week. All swimmers are strongly advised to take up the option of multiple sessions. An integral element of training is increasing the swimmers fitness. This will benefit their swimming and also their general fitness which positively impacts on all aspects of their life, including academic success.

### Payment Policy

1. Learn to Swim lessons are \$12.80 per lesson payable by the term.
2. Squad sessions; Payments vary depending on frequency of training; please speak to our customer service officers for the squad pricing schedule for your level.
3. A \$25 non-refundable deposit is required prior to the start of term to confirm enrolment
4. Final payment is required by the second week of term (21 July – 27 July). Adult students are required to pay term fees in full prior to their first class.
5. Enrolments will be cancelled if FULL payment has not been received by the second week of term.
6. No monetary credit or make ups are carried over to the following term.
7. Full payment of Term 3 fees prior to the end of Term 2 (29 June) will receive a free Monash Sport gift.
8. A 5% discount is available on lessons for families with 3 or more children enrolled and pension/concession card holders. Please note that only one discount is available per student. Please advise our customer service officers of entitlements upon enrolment, proof of entitlement must be displayed at time of payment to receive discount.

### Missed Lesson and Make-up Lesson Policy

1. There are no refunds or cash credits for any missed lessons.
2. If you are unable to attend a lesson you must notify the Swim School on 9905 4115 at least 24 hours in advance. Failure to notify absence will result in no make up being credited.
3. No make-up lessons will be conducted during the first two weeks of term, to allow for new enrolments.
4. Make-up lessons cannot be taken until the full fees for the term have been paid.
5. Only 2 make up lessons provided per term – must be used in the current term.
6. At the completion of each term, all make up credits will be removed.
7. The only instance extra make up credits will be given is upon the presentation of a medical certificate with dates specified to the Swim School Coordinator.

### Cancellation Policy

1. There are no refunds or cash credits for any missed lessons
2. Refunds for fees due to cancellation will incur a \$25 administration fee.

### Term 3 2008 Dates

Day	Start	Finish	Weeks
<b>Monday</b>	14 July	15 September	10
<b>Tuesday</b>	15 July	16 September	10
<b>Wednesday</b>	16 July	17 September	10
<b>Thursday</b>	17 July	18 September	10
<b>Friday</b>	18 July	19 September	10
<b>Saturday</b>	19 July	20 September	10
<b>Sunday</b>	20 July	21 September	10

### Important Dates

<b>16 – 22 June</b>	Progress Reports issued for Term 2 2008.
<b>16 – 29 June</b>	Enrolment and payments for Term 3 2008. Payments received before 29 June receive a free Monash Sport gift.
<b>29 June</b>	Final day for Term 2 2008 Swimming Lessons.
<b>14 July</b>	Term 3 2008 begins.
<b>8 – 14 September</b>	Progress Reports issued for Term 3 2008.
<b>8 – 21 September</b>	Re-enrolment and payments for Term 4 2008. Payments received before 21 September receive a free Monash Sport gift.
<b>21 September</b>	Final day for Term 3 2008 Swimming Lessons.